

Obsessive Compulsive Disorder - Children 6-17 Years

- Level 0** Comprehensive assessment that includes screening for OCD symptoms and medical causes. Refer to specialist if concerns
- Level 1** If mild to moderate OCD, cognitive behavior therapy (CBT) with qualified therapist
- Level 2** If inadequate response to CBT or OCD is severe, consider monotherapy with sertraline fluoxetine, fluvoxamine
- Level 3** If level 2 failed, utilize other approved SSRIs or clomipramine (EKG monitoring)
- Level 4** If treatment resistant to behavior therapy and/or SSRI, augment with low dose aripiprazole (1-2.5 mg) or risperidone (0.25-1.0 mg)

Drugs Used in the Treatment of OCD

Drug Name	Starting Dose (mg) Per Day		Max Dose (mg) Per Day		FDA Approved Age
	Pre-Adolescent	Adolescent	Pre-Adolescent	Adolescent	
Clomipramine	6.25 - 12.5	25	150	200	10-17
Fluoxetine†	2.5 - 5	10	40	80	7-17
Sertraline†	12.5	25	150	200	6-17
Fluvoxamine	12.5	25	150	300	6-17

† Oral concentrate commercially available